

General Psychology

FALL 2020 – PSY-001-6372

College of the Desert

Instructor: Omar Majid, M.A. Clinical Psychology

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Class Time & Location: Tuesday & Thursday 11 am - 12:20 pm, Canvas

Office Hours: Thursday 10 am - 11 am (Virtual, please email for instructions)

Required Text: View Canvas for instructions on how to access your textbook.

Course Description:

This course provides an introduction to the research and theories related to animal and human behavior. The course will address a broad understanding of psychological theories and will lay the foundation for future coursework in psychology. Topics to be covered include: learning, memory, motivation, emotions, personality, the biology of thought and behavior, social psychology, human development, psychological disorders and therapies. The class will be in lecture format but attendance and participation are expected.

Student Learning Outcomes

1. Recognize/identify the major theories, concepts and perspectives in the field of psychology.
2. Identify and apply elements of scientific method.
3. Distinguish between general research strategies and identify advantages and disadvantages of each.
4. Identify the basic structure and functioning of the brain and nervous system.
5. Apply psychological theories, concepts and values to demonstrate awareness of self and others.

Participation:

This is an online course. You are expected to check to our online course room a few times a week. You can expect for me to reply to you within 48 hours during the week. Below are the instructions for accessing the online course room:

- Go to the college website and click on MyCOD
- Click on “MyCOD Student Portal User Login”
- Enter your username and password and hit login
- Select Canvas from the QuickLaunch menu
- Click on the PSY 001 class in your dashboard to enter the course room
- Once you are in the Canvas course room, read the welcome page and announcements for further instructions

Quizzes:

The course will include 15 quizzes covering the assigned readings. Each quiz will include 30 questions and be worth 30 points. **No make-up quizzes will be allowed, as quizzes close and the correct answers will be released immediately following the due date.** There will be no exceptions to this rule. Quizzes are due by midnight on Sunday of the assigned week.

Assignments:

You will complete 15 assignments on canvas throughout the semester. Assignments will be worth 30 points; and are due by **midnight on Sunday of the assigned week**. More information will be provided in class.

Participation:

You will be able to earn participation points in the form of bi-weekly discussion posts which will revolve around your reflection on the assigned reading material or information shared in the class. More information will be provided in class.

Special Needs:

If you have a physical, psychiatric/emotional, medical, or learning disability that may impact your ability to carry out assigned work, I urge you to contact the staff in the Office of Disabled Student Programs and Services (DSPS) at (760) 773-2534. DSPS will review your concerns and determine, with you, what accommodations are necessary and appropriate. All information and documentation is confidential.

Classroom Etiquette:

College presents students with a new set of behavioral expectations, so let's review the ground rules:

1. The main rule: ***be respectful and avoid doing anything that interferes with learning; this applies to yourself, your instructor, and your classmates.***
2. Your course work will be completed online and you must manage your time effectively to meet your deadlines. You will most likely need 6-9 hours a week to complete the work. Plan your schedule accordingly.

Student Conduct:

Academic dishonesty is a big deal. It includes what you normally think of as "cheating" as well as plagiarism which means use of another person's words, ideas, or information without properly attributing them. Rewriting, paraphrasing, summarizing, putting a passage into one's own words without recognizing the original source are still plagiarism; credit must be given to the author or creator. Academic dishonesty may result in a failing grade on the assignment, course failure and/or expulsion.

Make-Up & Late Assignments:

With the exception of quizzes which cannot be made up; students may submit assigned work up to seven (7) calendar days after the due date. A 10% grade penalty is assessed for work up to 24 hours late; an additional 10% penalty is assessed for each additional day the work is late.

Grading:

Course grades will be assigned based upon the number of points earned throughout the semester.

<u>Assignment</u>	<u>Total Points</u>
15 Quizzes (30 points each)	450
15 Assignment (30 points each)	450
Participation	160
Syllabus Acknowledgment	10
TOTAL:	1070

Final Grades based on 1070 points:

90-100%	A
80-89%	B
70-79%	C
60-69%	D
Below 60%	F

Course Schedule for FALL 2020

❖ WEEK 1: COURSE OVERVIEW

- Introduction Discussion Assignment Due 9/3 by 11:59 pm
- Syllabus Acknowledgment Due 9/6 by 11:59 pm

❖ WEEK 2: INTRODUCTION TO PSYCHOLOGY

- Participation Discussion Week 2 9/8 & 9/10
- Perspective Assignment Due 9/13 by 11:59 pm
- Quiz 1 Due 9/13 by 11:59 pm

❖ WEEK 3: RESEARCH METHODS IN PSYCHOLOGY

- Research Approach Assignment Due 9/20 by 11:59 pm
- Quiz 2 Due 9/20 by 11:59 pm

❖ WEEK 4: NEUROSCIENCE & BEHAVIOR

- Participation Discussion Week 4 9/22 & 9/24
- Model Neuron Assignment Due 9/27 by 11:59 pm
- Quiz 3 Due 9/27 by 11:59 pm

❖ WEEK 5: CONSCIOUSNESS & ITS VARIATIONS

- Sleep Essay Assignment Due 10/4 by 11:59 pm
- Quiz 4 Due 10/4 by 11:59 pm

❖ WEEK 6: SENSATION & PERCEPTION

- Participation Discussion Week 6 10/6 & 10/8
- Perception Assignment Due 10/11 by 11:59 pm
- Quiz 5 Due 10/11 by 11:59 pm

❖ WEEK 7: LEARNING

- Operant Conditioning Assignment Due 10/18 by 11:59 pm
- Quiz 6 Due 10/18 by 11:59 pm

❖ WEEK 8: THINKING, LANGUAGE, & INTELLIGENCE

- Participation Discussion Week 8 10/20 & 10/22
- Brain Dominance Assignment Due 10/25 by 11:59 pm
- Quiz 7 Due 10/25 by 11:59 pm

❖ WEEK 9: MEMORY

- Memory Assignment Due 11/1 by 11:59 pm
- Quiz 8 Due 11/1 by 11:59 pm

❖ **WEEK 10: LIFESPAN DEVELOPMENT**

- Participation Discussion Week 10 11/3 & 11/5
- Morality Assignment Due 11/8 by 11:59 pm
- Quiz 9 Due 11/8 by 11:59 pm

❖ **WEEK 11: MOTIVATION & EMOTION**

- Emotions Assignment Due 11/15 by 11:59 pm
- Quiz 10 Due 11/15 by 11:59 pm

❖ **WEEK 12: PERSONALITY**

- Participation Discussion Week 12 11/17 & 11/19
- Defense Mechanisms Assignment Due 11/22 by 11:59 pm
- Quiz 11 Due 11/22 by 11:59 pm

❖ **WEEK 13: SOCIAL PSYCHOLOGY**

- Social Influence Assignment Due 11/29 by 11:59 pm
- Quiz 12 Due 11/29 by 11:59 pm

❖ **WEEK 14: STRESS, HEALTH, & COPING**

- Participation Discussion Week 14 12/1 & 12/3
- Happiness Assignment Due 12/6 by 11:59 pm
- Quiz 13 Due 12/6 by 11:59 pm

❖ **WEEK 15: PSYCHOLOGICAL DISORDERS**

- Psychological Disorder Assignment Due 12/13 by 11:59 pm
- Quiz 14 Due 12/13 by 11:59 pm

❖ **WEEK 16: THERAPIES**

- Participation Discussion Week 16 12/15
- Quiz 15 Due 12/15 by 11:59 pm

